



## **ECD President Update February, 2018**

### **Dollars & Hours Report:**

Thank you to all of the MHA/MAHA/ECD member hospitals for sending the report for 2017. We had a 100% participation!!! **Collectively ECD hospital volunteers/auxiliaries put in 488,069 hours and raised \$1,055,120!!!** Thanks so much!!

### **ECD Leadership Day:**

Our Leadership Day will be Wednesday, April 18, 2018, from 10:00-2:00. It will be held in Caro at The Brentwood. The flyer with more information is also attached. Hope to see you there.

### **ECD Spring Conference Reminder:**

The spring conference will be at the Horizon Conference Center in Saginaw on May 23, 2018. The doors open at 9:30 for coffee, tea, and conversation. The conference will begin at 10:00. We usually end about 2:30. Caro will be hosting this time. The ECD board will be meeting with the Caro Steering Committee in April to finalize the planning. Stacy Dowdy, from Michigan Health and Hospital Association, usually updates us on legislative issues. We will also have installation of officers. I am looking forward to seeing you at this meeting, and making time to visit with you. Please remember to bring a basket from your hospital to be used as a giveaway at the end of the day. I realize it takes time and effort to put together this basket. I also realize how wonderful recipients feel when they win your baskets.

During February there are some special dates on the Calendar. National Wear Red Day took place on February 02, 2018. National Wear Red Day is a day in February when many people wear red to show their support for the awareness of heart disease. It occurs in America on the first Friday in February each year, where people wear red. Many people wear the "red dress" pin. There are some Gift Shops who have the pin available for sale. You may want to think about selling them if you do not already.

Nearly 90% of women have made at least one healthy behavior change:

\*\*\*More than one-third of women has lost weight.

\*\*\*More than 50% of women have increased their exercise.

\*\*\*6 out of 10 women have changed their diets.

\*\*\*More than 40% of women have checked their cholesterol levels.

\*\*\*One third of women has talked with their doctors about developing heart health plans.

\*\*\*Today, nearly 300 fewer women die from heart disease and stroke each day.

\*\*\*Death in women has decreased by more than 30 percent over the past 10 years.

February 14 is another day of celebration, and of course is Valentine's Day. But for volunteers I think this quote says it all....

**Every day is Valentine's Day for Volunteering.**

Mark your calendars:

<b><u>Highlights Information Deadlines:</u></b> July 1, 2018 for Sept., 2018 issue	<b>May 23, 2018 ECD Spring Conf. Saginaw</b> Sept. 26, 2018 ECD Fall Conf. Saginaw May 22, <b>2019</b> ECD Spring Conf. Saginaw
<b>June 4-6, 2018 MAHA Annual Meeting &amp; Ed. Institute - Crystal Mountain</b> Oct. 17-19, 2018 MAHA Fall Conference Bavarian Inn Lodge, Frankenmuth	<b>June 11-13, 2019 • MAHA Annual Mtg. &amp; Educational Institute • TBD based on future discussion</b>

Thank you for your continued support.  
Jeannette Smith, President ECD/MAHA