

SOUTHEAST DISTRICT—MICHIGAN ASSOCIATION OF HEALTHCARE ADVOCATES
(SED-MAHA)

May 2014

VOLUME XLVIII Issue 3



MARILYN BEVERLEY
SED PRESIDENT

A MESSAGE FROM YOUR PRESIDENT - MARILYN BEVERLEY

Welcome Spring! Mark your calendars for the Spring SED Annual Meeting and Installation of Officers on May 21, 2014 at Glen Oaks Golf and Country Club in Farmington Hills. Registrations have been sent to you via the United States Postal Service. We look forward to seeing each of you and celebrating your successes of this past year! Our guest speaker will be Stephanie McLaren, Stroke Care Coordinator from Port Huron Hospital. She will be speaking with us about "Stroke Facts, Prevention and Care." The Port Huron Hospital has received Joint Commission accreditation in Stroke Care. Thank you for giving from your hearts!

The MAHA Annual Meeting and Educational Institute is June 10-12, 2014 at the Grand Hotel on Mackinac Island. Registration deadline is May 12, 2014 so make sure you get your hotel registration forms submitted and also send your registration form for the conference to the MAHA Membership Chair, Sheryll Mithen. I hope to see all of you at the conference. Incoming SED President elect, Pat Esselman, and I will be at the

registration table to greet you and we will host the SED Reception at the Annual Meeting and Educational Institute.

Our theme for SED this coming year is "Inspire Change through Love, Laughter and Life Lessons!" Every day you inspire change through the seeds of volunteerism you plant as you serve bearing fruit in the lives of all you touch with love, laughter and life lessons. As you give from your hearts you share love, joy, peace, patience, kindness and plant those seeds in the hearts of those you serve. Thank you for all you do! Thank you for making a difference in our world! Thank you for planting seeds and inspiring change through the love you give from your hearts, laughter and life lessons you share every day.

See you at the SED Annual Meeting and Installation of Officers!

Looking forward to a great year!

Marilyn

**MARK
YOUR
CALENDAR**

**SED
ANNUAL
MEETING**

**WEDNESDAY
MAY 21ST**

**GLEN OAKS
COUNTRY
CLUB**

**FARMINGTON
HILLS**

**REGISTRATION
FORMS
WERE
MAILED
UNDER
SEPARATE
COVER**

THE PURPOSE / MISSION OF THE SOUTHEAST DISTRICT OF MAHA

To disseminate information concerning volunteer services to existing health care facility's auxiliary/guild/volunteer groups.

To encourage organization of new auxiliary/guild/volunteer groups.

To provide for mutual exchange of information.

To expand the vision and involvement of the SED membership.

From Pat Esselman, Legislative Chair

IDENTIFYING PILLS



All approved prescription and over-the-counter solid, oral dosage form medications in the US are required by the Food and Drug Administration (FDA) to have a unique imprint.

This also applies to biological drug products and homeopathic drug products, unless otherwise exempted in the FDA Code of Federal Regulations 206.7. The purpose of regulating imprinting is to enable pill identification of the ingredients, strength and manufacturer by health care providers, patients and law enforcement officials. Patients may need to know what a drug is if they have dropped it or mixed them up in a pill box or case, found it in their household or to double check a medication that may have had a generic substitution. As a general rule, periodically check your medicine cabinets for expired, re-bottled or unidentified pills. To avoid confusion and mistakes, keep all medications in their original bottles or packets with pertinent labeling and instructions attached. If you do not find a match, contact your healthcare provider.

WHAT IF A PILL OR CAPSULE DOES NOT HAVE AN IMPRINT OR UNIQUE CODE?



A solid oral dosage form drug product that does not meet the requirement for imprinting and is not exempt from the requirement may be adulterated and misbranded and may be an unapproved new drug as defined by the FDA. Also, if a pill or capsule has no imprint and is not an approved medication, it may be a vitamin or other dietary supplement, illegal drug of abuse, foreign medication or even candy. To ensure safety always, check with your healthcare provider before taking an unidentified drug.

SED LEADERSHIP TEAMS

Executive Team:

Leader-Marilyn Beverley, SED President
Members: Pat Essleman, Juanita Dickerson, Barbara Brennan, Rhea Heil, Almas Bershas and Jean Backlund.

Communications Team:

Leader- Bev Hartman, Communications Chair
Members: Rhea Heil, Mary Lu Cramer, Sue Gallas, Sandra MacLeod, Frank McGann, Pat Esselman and Marilyn Beverley.

Financial Team:

Leader: Alma Bershas, Treasurer
Members: Rhea Heil, Jean Backlund, Barbara Brennan, Pat Essleman and Marilyn Beverley

Education Team:

Leader: Juanita Dickerson, Vice President
Members: Pat Essleman, Barbara Brennan, Frank McGann, Connie Ulrich, Sandra MacLeod, Sue Gallas, Marilyn Beverley and Jean Backlund.

Mentoring/Leadership and Nominating Team:

Leader: Jean Backlund, Counselor
Members: Bev Hartman, Pat Esselman, Micky Rota and Michele Dunaj.

2013-2014 SED Board



FRONT ROW: Left to Right: Rhea Heil, Pat Esselman, Marilyn Beverley, Barbara Brennan, Juanita Dickerson, Alma Bershas

BACK ROW: Left to Right: Beverly Hartman, Connie Ulrich, Sandra MacLeod, Sue Gallas, Mary Lu Cramer, Michele Dunaj, Micky Rota, Jean Backlund, Frank McGann.

ABSENT FROM THE PHOTO: Mary Nolan, Margaret Kuhl



Southeast District
MAHA

SUGGESTIONS TO STRENGTHEN RELATIONSHIPS IN SED AS A RESULT OF THE DISCUSSIONS HELD AT THE MARCH WORKSHOP

The SED Leadership Teams will be assigned these suggestions and will report back to the membership at the September Meeting regarding how to implement changes.

1. Be clear on purpose and mission of SED & MAHA. What is it?
2. Members feel some discomfort regarding lobbying organizations.
3. Lack of financial support by hospitals for us to attend SED & MAHA Meetings..
4. Sponsor sale for financial support for leadership, DVS's, etc. They should attend SED to show support and have knowledge of MAHA & SED purpose.
5. Try to engage all generations in volunteerism.
6. Share ideas for recruitment.
7. More legislative information. (more personal, more meat)
8. Great variety of programs and locations. (Perhaps members could help find locations)
9. Fundraising activities options.
10. Information on various patient programs from other hospitals...(networking)
11. Like variety of personal health issues, talks and hospital/volunteer/auxiliary oriented programs.
12. More correspondence with upcoming events ...(MAHA events)
13. Each person that attends MAHA events, sign in with an email address and/or phone number and address if wanting correspondence and updates.
14. Location.
15. Sound system not good at Greater Grace. Light hearted but interesting speaker. Workshops good.
16. Speaker too detailed...directed more to physicians. Want more speakers less serious but interesting with some humor.. Suggestion: Brian Fountain.
17. What can I do to be a better volunteer?
18. How can we communicate to our general body information in a better manner?
19. What new "best practice" for volunteers is getting noticed?
20. What is the best way to honor the volunteers?
21. Make sure our speakers are gender friendly. Word their information so both genders feel included.
22. SED Board members bring updated information to their hospitals to keep volunteers motivated to attend workshops, etc.
23. Ask gentlemen for speakers at conferences.
24. Get DVS (or other hospital staff) involved with SED events.
25. Once a year Auxiliary Donation Program in lieu of Annual Dues.
26. Difficulty recruiting and keeping volunteers.



SED Volunteers recently honored for their dedication.

CHELSEA COMMUNITY HOSPITAL: Marilyn Reames received an excel award for working above and beyond her scope of duties in the surgery waiting room. She received a certificate to the Gift Shop.

HENRY FORD MACOMB: Ken Hough received the Volunteer of the Year Award at the recent Medallion Ball. He works approximately 15 hours per week and has accumulated over 4,464 hours of service as a Lobby Greeter and in the Ambulatory Surgery Center. His dedication with a sense of humor was highlighted. Eleanor Benaquisto, at 92, was also honored upon her retirement from volunteering in the Ambulatory Surgery Center. She donated 7,875 hours of service to Henry Ford Macomb Hospital.

HENRY FORD WYANDOTTE: Shirley and Jim Ellison were honored at the hospital's "Stars of Excellence." They were honored for making and donating blankets that include an inspirational message to cancer patients.

MERCY MEMORIAL—MONROE: Hospice Volunteers: 5 years..Bill Bray & Nancy Glinka; 10 years..Dale Evans & Sondra Straub; 15 years..Pat Compora, Sandy Henry & Pat Kirby; 20 years..Rose Terrasi and 25 years..Frances Van Slambrouk.

Service Hours: 1,000..Kay Prucka-Gawle, Donna Fleeman, Marie Curley, Gary Bergmooser, Ross Otter, Chris Hall, Dana Shelton, Sandy Trost & Mary Faryniarz; 2,000..Shirley Goodnuff.; 3,000...Elizabeth Samsel & Beth Grna; 4,000..Jean Castiglione & Joanne Patania; 5,000...Desiree Snyder; 6,000...Jan Grodi; 9,000..Paul Kamprath; 10,000..Carol Blackford; 11,000..Kim Murray; 12,000 Jean Hicks.

Cumulative Hours: Joanne Cooper..15,744; Lillian Williamson..19,257 & Betty Kasubski..48,167.

OUR LADY OF PROVIDENCE LEAGUE-SOUTHFIELD: Honorary Membership was given to Kathy Harlow for 42 years of service. St. Louise de Marillac was awarded to Jim Hynes for over 10,000 hours of service. Distinguished Service Award was given to Shirlee Sullivan, Marilyn Roberts and Shirley Weiss. Frank McGann also received a pin for 28,500 hours of service over 20 years.

ST. JOSEPH MERCY OAKLAND: 500 hour pin..Michael Baldrige & Michael Rose; 1,000 hours.. Stephen Rota & Ruth Douglas; 2,000 hours..Charles Maruotti; 5,000 hours...Michele Dunaj; 6,000 hours.. Bev Ressler; 8,000 hours..Judy Moxley; 10,000 hours...Mary Ellen House and 17,000 hours...Ruth Goff.

GOLDEN OLDIES HONOREES: Providence Park: Monica and Any Zak.
St. John Macomb-Oakland, Warren Center: Irene Stempnik. St. John River District: Joyce Friederichs

MAHA ANNUAL MEETING & EDUCATIONAL INSTITUTE

June 10—12, 2014

Grand Hotel—Mackinac Island

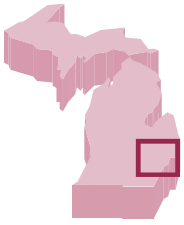
REMINDER: Advance pre-paid Conference

reservations due by May 12, 2014

Grand Hotel reservations due by same date.

Forms have been distributed previously





What's Happening Around the District..

We would love to hear from every Hospital in SED

Chelsea Community Hospital Auxiliary

has had great sales with BC Sweets and Life Uniforms fund raisers. The Spring Bazaar was held in conjunction with All That Art and Sports and Hoola Jewelry fund raising. Arbor Nook Gift Shop sales have increased greatly as they featured spring items. They also sponsored a Blood Drive in March. Chelsea Community Hospital VP, Phil Boham, announced his retirement effective May 31st after 30 years with CCH. Congratulations!

Crittenton Hospital Medical Center

Auxiliary hosts their annual Hours & Awards Ceremony followed by the Volunteer Appreciation Dinner at the Concorde Inn. They will also be assisting with the hospital's Skin Cancer Screening as well as sponsoring their upcoming Shoe Sale, \$5.00 Sale and a Jewelry Sale. In addition they will assist the hospital hosting a Fun Run and a Tennis and Golf Outing.

DMC Huron Valley Sinai Hospital

DMC Sinai Grace Hospital Guild

Garden City Hospital.....

Henry Ford Macomb Hospital volunteers continue their fund raising events....Out of the Box Shoe Sale and Jewelry Sales were the most recent. Many volunteers donated extra hours of service as the hospital "went live" with Epic.

Henry Ford Wyandotte Auxiliary purchased an Accuvein Finder for their Brownstown Facility. The equipment will be shared between the departments at Brownstown. The Hospital Professional Practice Director attended the Annual Awards Banquet to personally thank the Auxiliary for their donation. They are also considering providing Comfort Care Activity Baskets for the hospital. The baskets may contain such items as playing cards, puzzle books, pencils, notepads, reading glasses, etc. and be requested by a patient. The auxiliary will also sponsor a hole at the Annual Golf Classic.

Mercy Memorial Guild, Monroe held their first Mom to Mom sale....a sold out event! Partners in Care classes were offered to all hospital staff and volunteers. The classes emphasized collaborative and compassionate care to every patient, every time. A \$3,000 scholarship was awarded to a nursing student at Monroe County Community College. The Guild celebrated its accomplishments at their volunteer recognition dinner held at the Monroe Country Club. Thirty five donated prizes were raffled off to the guests.

McLaren-Macomb Guild

Our Lady of Providence League, Southfield

Kathy Zaguroli, Manager, Volunteer Services, will climb Mount Mitchell in June to raise funds for the Climb to Beat Breast Cancer. It is the highest mountain peak east of the Mississippi River. The program helps the uninsured or underinsured receive necessary mammograms & ultrasounds. CONGRATS! Providence Hospital is once again ranked as one of the nation's top 15 major teaching hospitals.

Port Huron Hospital Auxiliary

Providence Park—Novi

St. John Macomb-Oakland , Macomb

Campus has many new plans to "spruce up" their patient rooms and also establish an area specifically occupied and geared to their more elderly patients. The Auxiliary has donated \$125,000 toward the purchase of a new Linear Accelerator. Several members volunteered recently to support the City of Warren's Over 80 Luncheon. Over 350 Warren residents were eligible this year.

St. John River District Hospital recently thanked their Auxilians and volunteers at a luncheon. Certificates of Appreciation & Years of Service pins were awarded to members. Mike Birg received Volunteer of the Year. They also awarded three \$1,000 scholarships to healthcare students in St. Clair County.

St. Joseph Mercy Oakland—Pontiac volunteers recently hosted a successful Silver Sale. They will have their Annual Meeting with installation of officers and awards presentations in June. The hospital's newly opened South Patient Tower is a contemporary, state-of-the-art facility with hotel style amenities. It features 204 private rooms with "Intelligent Care System" technology.

St. Joseph Mercy - Port Huron along with the Kearns Family and Port Huron Hospital held their sold out "Little Black Dress Affair" which benefited breast cancer awareness. They also held their successful, annual "Wine Tasting Event."

University of Michigan Health System.....

SAVE THE DATE—MARK YOUR CALENDARS



**Southeast District Fall Meeting
Wednesday, September 17, 2014
Place to be announced**

IF UNDELIVERABLE, RETURN TO:
Beverly Hartman
SED Communications Chair
35638 Kensington Ave.
Sterling Heights, MI 48312-3739

VISIT mahaonline.org
for more MAHA state and District news from the
Six Michigan Districts.

**HELP US KEEP YOU CONNECTED TO
SED AND MAHA.....**

PLEASE BE SURE TO INFORM THE

**SOUTHEAST DISTRICT
MEMBERSHIP CHAIR**

OF ALL CHANGES TO YOUR OFFICERS
AS THEY OCCUR DURING
THE YEAR.

Please email:
Mary Lu Cramer at
mcramer2@comcast.net



LET US KNOW WHAT YOUR AUXILIARY IS
DOING IN THE NEXT ISSUE OF THE
SOUTHEAST DISTRICT DIGEST....

**The next SED Digest
deadline is August 22, 2014**

Please email your information
(100 words or less)
to: bhartma1@sbcglobal.net

Or mail to:

Bev Hartman
SED Communications Chair
35638 Kensington Ave.
Sterling Hts., MI 48312-3739.

