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# **West Central District**

**NEWSLETTER**

**SPRING 2010 – VOL. 55, NO.2**

**PLAN NOW TO ATTEND**

# “MICHIGAN MY MICHIGAN”


**MAHA Annual Meeting and EDUCATIONAL INSTITUTE!**

**June 8 – 10, 2010  
Grand Hotel, Mackinac Island**

**THEN**

**WCD FALL CONFERENCE  
September 8, 2010  
Carson City**

**AND THEN**



**MAHA FALL  
CONFERENCE**

*Volunteers Leave  
Their Footprints*

**Tuesday, Wednesday, Thursday  
October 19-21, 2010**

We will again be donating a Door Prize this year to  
MAHA Conference.  
Donations may be brought to the September meeting.

the



## President's Message

Gail Riley, President  
West Central District - MAHA

Hello Friends,

“They” say time flies” when you are having fun. I don’t know who they are, but they sure know what they are talking about.

This year went by so fast I can’t believe my year a president is almost over. As your president, I also serve on the MAHA board.

I have attended their meetings representing West Central District. This included Grand Hotel in June, the Retreat in July, board meeting in September and soaring Eagle in October. I also conducted West Central District June and April board meetings and the Fall Luncheon.

I was invited and attended several hospital luncheons during the year. Recently, I installed the officers of the Holland auxiliary and those of the North Ottawa auxiliary.

I would be remiss if I didn’t thank the board members for all of their help. Without such dedicated members, I could not have survived.

I look forward to seeing all of you at the spring luncheon in May and of course, back up on Mackinac Island in June.

Thank you again for your confidence in me.

Gail M. Riley  
West Central District President 2009-2010

**WEST CENTRAL DISTRICT  
2009-2010 EXECUTIVE BOARD**

PRESIDENT	Gail Riley	North Ottawa Community Hospital Grand Haven
PRESIDENT ELECT	Shirley Harris	North Ottawa Community Hospital Grand Haven
VP MEMBERSHIP	Sally Ouweneel	Memorial Medical Center Ludington
VP COMMUNICATIONS	Margaret Christopher-Fell	Sparrow Ionia Hospital Ionia
VP LEGISLATION/ ADVOCACY	Shirley Harris	North Ottawa Community Hospital Grand Haven
RECORDING SECRETARY	Betty Bierman	N. Ottawa Community Hospital Grand Haven
CORRESPONDING SEC'Y	Connie Lunsford	Mercy Health Partners - Hackley Muskegon
TREASURER	Barbara Grim (Resignation accepted)	Spectrum - Blodgett Grand Rapids
COUNSELOR	Donna Will	Mercy Health Partners - Hackley Muskegon

**WEST CENTRAL DISTRICT BOARD APPOINTEES**

BYLAWS AND POLICY	Rita Van Nunen	Mercy Health Partners - Hackley Muskegon
RESOURCE CHAIR	Jeanette Linck	Mercy Health Partners - Mercy Muskegon



**Grand Hotel – Mackinac Island  
June 8 – 10, 2010**

**<sup>61st</sup> ANNUAL MEETING  
AND EDUCATIONAL INSTITUTE  
MICHIGAN ASSOCIATION OF HEALTHCARE ADVOCATES**

The Board of Directors of MAHA announces the Annual Meeting of MAHA to convene at Mackinac Island on Tuesday, June 8, 2010. The call to order shall begin at 4:00 p.m. and shall include the election of officers, receipt of committee reports, new business, the opening speaker and other matters pertaining to MAHA.

The conference registration deadline is May 10, 2010. Please remember that you must pre-register with both MAHA and the Grand Hotel for this conference. A separate conference registration form must accompany your check for registration fees. Remember to send or bring your tax exempt form and hospital check or a credit card when registering or checking in at the hotel.

We hope to see you at the Grand Hotel  
June 8 – 10, 2010!

## 61<sup>th</sup> ANNUAL MEETING AND EDUCATIONAL INSTITUTE



It's time to invite you to MAHA's Annual Meeting and Educational Institute at the Grand Hotel, on Mackinac Island, June 8-10, 2010. This year, our 60th Annual Meeting, we will be celebrating our state of Michigan by having all our speakers from Michigan. .

Again this year's Registration will take place in the Terrace room. We had very positive feedback with this location last year. We will open our conference with our business meeting. After the business meeting Dianna Stampfler, who works to promote Michigan, will speak on *Michigan's Ghostly Beacons –History of Michigan's Lighthouses*. District receptions will follow dinner. The receptions rooms will be announced at our opening session.

On Wednesday morning, after the MHA Legislative update, we will hear Dr. Gary Dubisky, who will speak on *"The Three Most Common Movement Disorders: Parkinson disease, Essential Tremor, and Restless Leg Syndrome"*. After lunch, we will have three different workshops for you to attend. They will be repeated one time. Dr. Paul Raphaelian, a retinalogist from Muskegon will speak on the *Muscular Degeneration*. Dr. Gary Dubisky will speak on *Alzheimer*. Last, but not least, Susan Blair, R.D. will speak on *Nutrition, A to Z*. After the workshops, we will have a skit put on by the MAHA board. We are fortunate to have Jeanette Havel and Carolyn McDonald, two of our board members orchestrating this informative, funny, impossible skit titled *The Good, The Bad, and The Ugly Board Meeting*. We hope you all take advantage of this opportunity to see your board in action. There will be time to relax before the evening's festivities – the reception and banquet.

Thursday morning we will hear Frida Waara from Marquette. Frida has skied to the North Pole and in November will ski to the South Pole. She will leave us feeling we can do the impossible

Registration, Book Sale and Hospitality this year will be held in the Terrace Room which is off the Main Lobby from 1:00 PM to 3:45 PM. The hotel will arrange to have your luggage delivered to your room. Rooms will be available by 4:00 pm.

### Reminders:

- All rooms are now air-conditioned.
- MAHA registration MAHA Book Sale will begin at 1:00 pm in the Garden Room off the lower lobby level near the registration desk.
- Grand Hotel requests that all guests be in appropriate attire: resort, casual clothing is appropriate throughout the day until 6:00 pm. After six, jackets and ties for the men, and dresses, or dressy pant outfits for the ladies are acceptable.
- Bring a jacket or sweater as the meeting rooms may be cool.

The MAHA Board. welcomes all "FirstTime" attendees, as well as "Returning Friends." A wonderful conference is being planned so please plan on attending. What we do is so important! We hope you can join us at the Grand for the festivities.

Alma Bershas, Conference  
Coordination

## AGENDA

### Tuesday, June 8, 2010

1:00 – 3:45 pm ....Hospitality  
Suite  
1:00 - 3:45 pm....Registration  
MAHA Book Sale  
4:00 pm.... Rooms available  
4:00 – 6:00 pm .....MAHA  
Annual Meeting  
5:15-6:00 pm .....Opening  
Speaker  
"Ghostly Beacons"  
Diana Stampfler  
6:30 - 8:30 pm... Dinner  
8:30 – 9:30 pm..... District  
Receptions

### Wednesday, June 9, 2010

6:30 – 7:30 am.....Morning  
Walkers  
7:30 – 8:30 am.....Breakfast  
8:00 – 8:45 am.....Registration  
9:00 – 10:00 am .....MHA  
Political Issues  
10:00 – 10:15 am ...Break  
10:15 – 11:15 am..*The Three Most  
Common Movement Disorders:*  
*Parkinson Disease*  
*Essential Tremor*  
*Restless Leg Syndrome*  
Dr. Gary Dubisky  
11:30 – 12:45 pm....Grand  
Luncheon Buffet  
1:00 – 2:00 pm...Workshops-  
Choose one:  
"Alzheimer's"  
Dr. Gary Dubisky  
"The Aging Eye"  
Dr. Paul Raphaelian  
"Eating Right"  
Susan Blair R.D.  
2:00 – 2:15 pm Break  
2:15 – 3:15 pm..... Workshops  
repeated  
3:30 – 4:30 pm .....Skit  
3:30 – 4:30 pm.....Workshops  
4:30 –6:00pm.....Free Time  
6:00 – 7:00 pm.....Reception  
7:00 – 9:00 pm .....Banquet  
Installation of Officers  
President's Reception

### Thursday, June 10, 2010

7:30 – 9:00 am..... Breakfast  
9:15 – 11:00 am.....  
Closing Session  
MAHA Remarks  
Closing Speaker  
Frida Waara, Marquette

**FROM THE WEST CENTRAL DISTRICT NOMINATING COMMITTEE**

On behalf of the WCD Nominating Committee, I am pleased to announce the following slate of nominees for 2010-2011.

President	Shirley Harris	North Ottawa Community Hospital	Grand Haven
President Elect	Paula Wiles	Carson City Hospital	Carson City
VP Membership	Judy Ellis	Zeeland Community Hospital	Zeeland
VP Communications	Peg Christopher-Fell	Sparrow Ionia Hospital	Ionia
VP Legislation	Nancy Wright	Spectrum – Blodgett	Grand Rapids
Recording Secretary	Betty Bierman	North Ottawa Community Hospital	Grand Haven
Conference Co-ordinator	Joanne Monnier	Spectrum – Butterworth	Grand Rapids
Treasurer	Barbara Tenpas	Holland Community Hospital	Holland
Counselor/ Nominations	Gail Riley	N. Ottawa Community Hospital	Grand Haven

Appointments are:

Resource Chair	Ruth Schottle	Spectrum Health United Memorial	Lakeview
Bylaws/Policy	Jeanette Linck	Mercy Health Partners-Mercy	Muskegon

As directed by policy, each nominee received a letter requesting written confirmation of their acceptance to serve. All letters have been returned and are in the file of the Nominating Committee Chair.

Members of the Nominating Committee are:

Maurine Sneathen	Spectrum Health Partners – Blodgett
Phyllis Schutten	Holland Community Hospital
Jeanette Linck	Mercy Health Partners – Mercy Campus
Shirley Harris	North Ottawa Community Hospital – Grand Haven
Donna Will, Chair	Mercy Health Partners – Hackley Campus

Submitted by  
Donna Will, Chair Nominating Committee WCD-MAHA

**Michigan Association of Healthcare Advocates Annual Report  
West Central District 2009 – Form A**

<b>Health Care Facility</b> (By City, by Facility)	No of Beds	Aux + Vol. No.	Aux + Vol. Hrs	No. on Dist Board	Dist. Hrs.	On MAHA State Board	State Hrs	On Facil. Board	With Vote	w/o Vote	Money Donated to Facility	Money Donated Other
<b>Big Rapids</b> Mecosta County General Hospital	74	188	5,000					Yes	Yes		35,000	5500
<b>Carson City</b> Carson Health Network	77	31	2,200								12,803	1000
<b>Grand Haven</b> North Ottawa Community Hosp	81	123	13,556	3	28	3	70	Yes	No		20,000	3000
<b>Grand Rapids</b> Spectrum Health Blodgett	164	745	25,002								See below	
<b>Grand Rapids</b> Spectrum Health Butterworth	960	2196	18,800	1							483,107	
<b>Greenville</b> Spectrum Health United Memorial	105	80	10,444								21,500	
<b>Holland</b> Holland Hospital	205	620	54,000								53,570	
<b>Ionia</b> Sparrow Ionia Memorial Hosp.	25	110	4,304	1	235						4,623	4949
<b>Lakeview</b> Spectrum Health Kelsey Memorial	53	38	1,160								18,000	1000
<b>Ludington</b> Memorial Medical Ctr. of West Mich.	87	114	18,927	1	153						25,000	
<b>Muskegon</b> Mercy Health Part. Hackley Hospital	181	283	30,596	3	215						72,879	
<b>Muskegon</b> Mercy Health Part. Mercy Hospital	252	197	13,069	2	60	1	350				127,881	
<b>Shelby</b> Mercy Health Part. Mercy Lakeshore	23	20	1,205								985	
<b>Sheridan</b> Sheridan Com.	25	18	4,143								6,142	
<b>South Haven</b> South Haven Com	80	78	16,743					Yes	No		17,440	2000
<b>Zeeland</b> Zeeland Com.	57	153	15,837	1	32						12,000	3000
<b>Totals</b>	2449	4994	234,986	12	723	4	420	Yes 3	Yes 1		910,930	20,449

# WHAT'S HAPPENING IN WEST CENTRAL DISTRICT

## MECOSTA COUNTY MEDICAL CENTER

### BIG RAPIDS

The Mecosta County Medical Center Auxiliary offers its volunteers a number of opportunities to help assure the availability of excellent health care in our community. The Mecosta County Medical Center Gift shop, open seven days a week, is managed and staffed by Auxiliary volunteers. For over 50 years the Auxiliary has hosted its community-wide Annual Ice Cream Social with event proceeds providing scholarships for Mecosta County students pursuing health careers. Spring and Fall Book Fairs, managed and staffed by volunteers, offer customers an extensive selection of books, games, puzzles, and gift items with proceeds supporting Medical Center needs. The Auxiliary's annual Christmas Open House heralds the beginning of the holiday season for Medical Center employees and community residents.

In addition to volunteer opportunities, the Auxiliary also offers its members enjoyable social events. Each October, the Medical Center hosts the Auxiliary Appreciation Dinner to thank members for their efforts. Medical Center leadership provides an update on current activities and expresses appreciation for the contributions of the Auxiliary. The Auxiliary Spring Luncheon provides members time to celebrate the past year's accomplishments. Announcement of the winners of the annual men and women's Bridge marathon takes place at this event.

Judith Hays  
MCMC Auxiliary President

Debra Jacks  
Gift Shop Manager/Chair

## CARSON CITY HOSPITAL

### CARSON CITY

It has been a very busy and exciting winter season for Carson City Hospital Auxiliary (CCHA). Our most recent fundraisers include "Lights of Love," Fudgie Wudgie sale, and the Elm Tree Gift shop. Each has been a huge success. Future spring fundraisers that CCHA will be sponsoring are a uniform sale, purse sale, and pearl sale for Mother's Day. We will also hold our annual golf outing in the summer. CCHA will be awarding two scholarships for high school seniors choosing a career in the healthcare field.

We have a wonderful group of volunteers, and look forward to an exciting and successful year ahead!

Lindsey Simon  
CCHA 2<sup>nd</sup> vice President and Newsletter Chair

## Michigan's Pledge of Allegiance to the State Flag

The Michigan's pledge of allegiance to the state flag was written by Harold G. Colburn and was officially adopted as Public Act 165 of 1972.

I pledge allegiance to the flag of Michigan,  
and to the state for which it stands,  
two beautiful peninsulas united by a bridge of steel,  
where equal opportunity and justice to all is our ideal.



## NORTH OTTAWA COMMUNITY HOSPITAL GRAND HAVEN

We are featuring our hospital gift shop in this spring issue.

Our gift shop is the biggest supporter of our auxiliary in terms of donations. We have a calendar posted on the door that lists the sales of the day/month. Each day a different item is on sale and this brings people into the shop. We carry beautiful fresh flowers, gifts, cards, notions, stuffed animals and limited clothing. As are all hospital gift shops, it's the people behind the scenes that make it all work and we are delighted with our crew.

In addition, we have various fundraisers throughout the year. The shop and the fundraisers are both supported by the NOCH staff, employees and the community.

We are happy to announce that one of our own, Betty Bierman, will be installed as the MAHA President-Elect at the June Annual Meeting on Mackinac Island. Betty works the shop on Tuesday mornings. Gail Riley, also from NOCH will be installed as the MAHA Bylaws/Policy Chairman. We also have three volunteers from NOCH who serve on the district board: Betty Bierman, Gail Riley and Shirley Harris.

We invite everyone to come to Grand Haven this summer and help us celebrate the USA Coast Guard Festival.

Shirley Harris  
President Elect North Ottawa Hospital Auxiliary

## SPECTRUM HEALTH-BUTTERWORTH CAMPUS GRAND RAPIDS

“My goal is to optimize the talents of everyone in our volunteer department and our volunteers themselves including guild members,” said Liz Fredrickson, RN., new Director of Volunteer and Patient Support Services at Spectrum Health Hospitals. Approximately 900 of Spectrum Health's 2,000 volunteers are members of the Blodgett and Butterworth guilds.

A Spectrum Health employee since 1975 when she worked as a nurse in the Blodgett Hospital ICU, Liz has been in her new leadership role for about four months. Speaking to the Butterworth Auxiliary at their February board meeting, she said she looks forward to working with Butterworth and Blodgett guild members in finding new ways to increase guild membership and assure quality customer experiences in our gift shops, cafes and other service projects.

Pam Daugavietis, Chair  
Board Communications



### Michigan's State Motto

The state motto, Si Quaeris Peninsulam Amoenam Circumspice is Latin for "If you seek a pleasant peninsula, look about you", a paraphrase of a statement made by British architect Sir Christopher Wren about his influence on London.

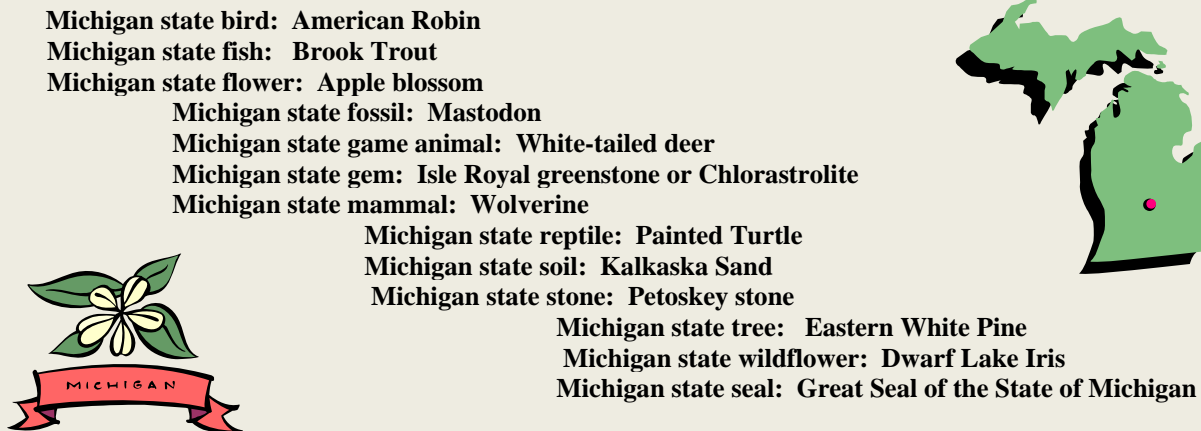
## HOLLAND HOSPITAL HOLLAND

This year, the Lights of Love campaign raised more than \$17,000 to help the Community Health Center serve patients in our area who are uninsured or underinsured. Due to the struggling economy and job losses, people seeking services at the Health Center has more than doubled in the last two years. In 2009, nearly 5,000 patients were served, half of whom were children. In total, they logged over 10,000 visits by community members in need.

The Health Center provides medical treatment for illness and injuries, acquires needed medications for those who cannot afford it, manages chronic health conditions such as diabetes and hypertension and provides preventive care including well baby checks, childhood immunizations and pre-natal care. Eighty percent of the patients come from the Holland area; however, the other twenty percent represent families from as far away as West Olive, Coopersville and Allegan.

Barbara Tenpas  
Holland Hospital Editor Volunteer Voice.”

### Symbols of Michigan



## SPECTRUM HEALTH-BLODGETT CAMPUS GRAND RAPIDS

The Blodgett Guild members continue to be enthusiastic in their commitment to volunteering at the hospital.

We provide volunteers to the Garden Café. The garden which it overlooks is beginning to show signs of spring. The Window Shop is also staffed by volunteers and we feel we continue to have a wide variety of unique gifts and an especially great selection of children's wear and toys.

The guilds also sponsored a jewelry show and did very well.

We again this year donated monies to the Burn center, Kid's Bag lunches, Thanksgiving Baskets, and various charities at Christmas. We reach out to the community by providing dinners at the Renucci House which is a hospitality home located near Butterworth and connected with Spectrum Health.

We are gaining new members but always need additional new, eager, willing members as women relocate and age.

Lois Lindhout, President, Volunteer Board

## SPECTRUM HEALTH UNITED MEMORIAL UNITED CAMPUS GREENVILLE

Our hospital volunteers continue to be a great inspiration to staff members, patients and families that they serve every day. Many have been volunteering for 10 years or more and are truly a fine representation of service excellence to our community.

The United Hospital Gift Shop is managed and operated by a great group of volunteers. They have been learning new retail skills and updating merchandise and displays accordingly. All proceeds directly benefit patient care and services within United Hospital.

Many of the United Hospital volunteers are involved in planning and assisting with fund raising events including the annual Hearst One Mission Charity Ball in February, annual Golf Day in June, Kingle pastries sale during the Danish Festival in August, book sales, special Gift Shop sales, Spectrum of Stars Variety Show and the Tree of Lights holiday event.

Proceeds from recent fundraising events will be used to purchase a supply of STAXI patient transport chairs and comfort items for the Spectrum Health United Memorial Cancer Center such as reclining treatment chairs, chair side tables, blanket warmer, ice machine, lap top computers, personal entertainment centers and furnishings for a Family Gathering Area.

We are looking forward to another successful and exciting year.

Norma Stevenson  
Spectrum Health United Memorial Foundation & Volunteer Services.

## SPARROW IONIA HOSPITAL IONIA

As with many other organizations, the Advocates have experienced a dwindling of members for various reasons. Once we had ten guilds; now we have four. However, under new leadership, we are determined to continue a long tradition of supporting our hospital.

We began our year with our Fall Meeting being held at the beautiful, historical Blanchard House in an effort to remember our long history that included beautiful gowns from past charity balls, scrapbooks and a very interesting talk by the first recipient of a scholarship presented by our Advocate (Auxiliary) Board.

Again after an eventful 2009 summer of providing first aid stations for both the Free Fair and the Farm /Power Show, both of which benefited our treasury, the Ionia Advocates kicked off the fall season by participating in the Michigan Harvest Gathering. First aid was also provided for the Relay for Life and the fall blood mobile was hosted in October. Added to the traditional fundraisers, such as Book Sales and Uniform Sales held each year, was a Buy Back Gold Sale which was little work but financially successful.

Wish lists were received from the various hospital departments and purchases were made as monies allowed. The new location of our Cart & Lobby Gift Shoppe seems to be a great improvement.

As you may have notice, our hospital has now become part of the Sparrow Family. Many changes are taking place daily. In February, a new phone system was installed creating an interesting challenge for all. "The Ionia Healthcare Advocates and Volunteers have always been an integral part of our organization," says William Roeser, Sparrow Ionia Hospital President and CEO. "Your time, your financial contributions, and your dedications to healthcare in Ionia has never been more valuable than today." With this in mind, we are looking to the future to see "What's Next." Our goal is to move forward on our mission to "improve the health of the people in our communities by providing quality, compassionate care to everyone every time."

Peg Fell  
Sparrow Ionia Hospital Advocates VP Communications

**SPECTRUM HEALTH UNITED MEMORIAL  
KELSEY CAMPUS  
LAKEVIEW**

The Spectrum Health Kelsey Hospital Guild finished the year on a positive note with an all-time high gift receiving and attendance through The Tree of Love campaign and ceremony. The 2009 Fall Conference at Soaring Eagle in Mt. Pleasant allowed us to meet many new vendors. A very ambitious 2010 calendar with lots of new initiatives has been set. First quarter events include a fudge sale, jewelry sale, a scrapbooking event, an Avon Sale, Get Gold Cash, a book sale and a Mische purse sale! What an active group of ladies and phenomenal support from staff and the community! Because of our very limited gift sales space within the hospital, the gift shop committee will be expanding to an exterior shop in downtown Lakeview. The Guild has recently been blessed with new membership interests as well.

Kimberlee Carr  
Spectrum Health United Memorial Kelsey Campus, Lakeview

**MEMORIAL MEDICAL CENTER OF W. MI  
LUDINGTON**

The Volunteers of MMC continued to have our regular monthly vendor sales throughout the last half of 2009. An extremely successful \$5 "Masquerade" sale was held in July with a "Boutique To You" purse sale in August. During the fall months, sales included: Scrubs Uniforms, Jewelry Plus, Devon's Fudge, Cash for Gold and Books Are Fun. We also added in a couple of bake sales and ended the year with total vendor sales of \$10,178.39. This was a 30% increase over 2008. This was wonderful news in a down economy.

Volunteer recruitment, retention and recognition are very important key areas of focus for us. We currently have 111 active volunteers who work in virtually all areas of the hospital. In 2009, our volunteers gave a record of 18,304 hours of service, a 6.5% increase over 2008.

Our special projects committee is very active as we continue our 5 year \$100,000 pledge to the new Women's Imaging Center. We will be having our 2<sup>nd</sup> Festival of Tables event on June 27<sup>th</sup> at the historic Sterns Hotel in downtown Ludington and in late summer, our first Great Everything Sale at the Mason County Fairgrounds.

We continue to be very grateful to our community for all their support.

Mary Hoffman  
MMCWM Auxiliary

## **Michigan Trivia**

Our state has several nicknames including "The Wolverine State," "The Great Lakes State," "The Mitten State," and "Winter Wonderland." An individual from Michigan is called a "Michigander" or a "Michiganian." A resident of Michigan's Upper Peninsula, often referred to as the UP, is often called a "Yooper" or a "U.P.er." Residents of the Lower Peninsula are sometimes called "trolls" because they "live below the "Mackinac Bridge."

Michigan is known for its pristine wilderness, home to more than 11,000 lakes.

The name is derived from Lake Michigan, which is believed to come from the Chippewa Indian word "*meicigama*" meaning "great water." Bounded by four of the Great Lakes, Michigan has the longest state shoreline in the continental United States. It has over 1 million registered boats, more than any other state in the union. Michigan has over 130 light houses, again more than any of the other states.

Its U.S. postal abbreviation is "MI" although traditionally "Mich." is used.

## ZEELAND COMMUNITY HOSPITAL ZEELAND

The year ended very well. The Service League purchased two patient-transfer chairs for the Med. - Surg. Floor. We are also going to purchase a Portable Defibrillator, to install in the cafeteria.

We have a variety of fundraisers planned for this year. We are looking into a flower sale of hanging baskets and potted plants, on hospital grounds, around Mother's Day. Nye Uniform put on a sale last year which was well attended. We plan another one in June of this year. Efforts were made to make it convenient for the hospital staff to try on a variety of uniforms.

We plan on having attendees at Healthcare Advocacy Day in March. Our Volunteer Appreciation event will be held the whole month of April. There will be different treats all week, topped off by a 50% coupon to our gift shop mailed to each volunteer in a thank-you card.

We look forward to our first meeting of the year along with the installation of new officers in Ionia.

We hope everyone is having a good year.

Judy Ellis  
Zeeland Community Hospital Service League

## MERCY HEALTH PARTNERS HACKLEY HOSPITAL MUSKEGON

We are looking forward again to spring and the volunteer snowbirds returning.

So far 2010 has been very profitable for Hackley Campus. We have had several successful fundraisers. A new one this year was Fudgie Wudgie. This went over very big and we hope to have them back again next year. Our next fundraiser is in May, the Mother's Day Flowering Plants and Beaded Jewelry Sale. Our Lobbyside Diner will have its annual jewelry sale April 9<sup>th</sup> in our auditorium.

The Volunteer Executive Council has donated \$250.00 to help provide critical assistance to the survivors of the Haiti earthquake disaster.

Our Peds department is being renovated at this time. Also being expanded is the OPS Dept. adding three more surgical rooms.

The nominating committee has been meeting to get our 2010-2012 board members ready to be installed this June. We will have our volunteer appreciation dinner at the Holiday Inn April 12<sup>th</sup>.

We thank all of our volunteers at Mercy Health Partners; Volunteers make our hospitals successful!

Connie Lunsford  
Volunteer Executive Council President

### Michigan's Quarter

**Michigan became a state in 1837  
and celebrated its 150<sup>th</sup> anniversary  
in 1987.**



**United States quarter dollar -  
Michigan 2004**

## MERCY HEALTH PARTNERS-MERCY CAMPUS MUSKEGON

The Auxiliary has had another successful year. In 2009, profits from the Mercy Gift Shop and special fundraisers totaled \$122,881.00. From that total, \$50,000 was given to the Johnson Family Center for Cancer Care as our third pledge payment, and the balance funded many items for departments from all three hospital campuses.

We have held several fundraisers in the New Year, such as Fudgie Wudgie, Scrubs Plus, and a jewelry sale. Our gift shop sponsors a "Make Your Own Easter Basket" sale the week before Easter and a flower sale in May. These sales are all well received and are successful and fun because they are supported whole-heartedly by the employees and volunteers.

In May, we hold our Spring Luncheon, and we especially look forward to being together since our winter luncheon was cancelled due to the weather.

The Auxiliary Board has revised and updated the membership form, and is developing a survey to send out which should give us information to help us better serve our members.

In June, we will have a Book Fair and Shoe Sale. Both have been very popular in the past. With sunshine and the beach to look forward to summer "vacation" will be a nice time to regroup and think about plans for the fall.

Sue Fles, Auxiliary President  
Mercy Health Partners-Mercy Campus

## HACKLEY LAKESHORE HOSPITAL SHELBY

Our members provide valuable volunteer hours to the hospital. Volunteers take part in and complete training that is now mandated by government regulations. The service is rewarding to both the members and the hospital.

We held a guild raffle this year. It was met with much interest. Guild members sold Cookie Dough in the fall. This has become an annual event for us and is our major fundraiser. It continues to be very successful. People who have purchased the product begin to ask when we will be selling it again. We also sell calendars.

The first week in December we hosted the annual Lights of Love tree lighting ceremony. A social time followed in the lobby where the Lights of Love Banner, decorated with the names of all those honored or remembered is displayed. Bulbs are lit on an outdoor tree and ornaments placed on the tree banner inside by a small donation. The Shelby High School Brass ensemble played wonderful Christmas music, which was enjoyed by the hospital staff, and patients as well as the persons from the community who came for the tree lighting. Guild members served refreshments to everyone present. Proceeds from this event and the Cookie Dough Sale went toward the purchase of a Vital Signs Monitor and the Ophthalmoscope Charger.

We continue to maintain a Gift Case in the lobby. Purchases may be made when a volunteer is at the desk.

Proceeds from all fundraisers were used to buy items from the "Wish List" from different departments and to support ongoing guild hospital programs.

Rounding off the guild year was a festive Christmas Dinner. Guild members brought a layette item instead of having a traditional gift exchange. These items are given to the OB Department and used to dress babies in need when they go home.

The guild does not meet in January, February and March because of weather and the absence of members who are gone for the winter months. Meetings will resume in April and we are all looking forward to a jewelry sale scheduled in May. It will be great to welcome our "snowbirds" home and to begin work on our guild projects.

Laura Beyer, Communications  
Lakeshore Community Hospital Guild

## SHERI DAN COMMUNITY HOSPITAL

### SHERI DAN

The Sheridan Community Hospital Volunteers will be remodeling the dining room area with new wall covering, carpet, tables, and chairs. The project is just one more renovation project to put in their back pocket. They are excited to update an area that is used by so many visitors. The project should be completed by the middle of April. This remodeling project compliments so many other rooms in the hospital they have done including the conference room, murals in the ER, comfort room, waiting rooms, main hallways, front lobby, and more. SCH volunteers have put a fresh new look into this wonderful little hospital. As always, they are still doing all the little things too that make this hospital have that homelike, personal feeling. To learn more about Sheridan Community Hospital visit us at or find us on Facebook.

Susan Wyckoff McFarland  
SCH Treasurer/Newsletter Chair/Volunteer Coordinator

## SOUTH HAVEN COMMUNITY HOSPITAL

### SOUTH HAVEN

Our wonderful group of active volunteers willingly provides thousands of hours of service to South Haven Community Hospital each year. The recent "Heart to Heart" screenings held at the hospital and two of our clinics were scheduled for three consecutive days beginning at six AM each day were assisted by willing volunteers.

Our first two-day Books Are Fun for 2010 scheduled for early March was eagerly anticipated by hospital staff and visitors. Book Fairs are lucrative fund raisers due to the employee payroll deduction plan offered by our hospital administration.

Second semester Van Buren intermediate healthcare students spent 2-1/2 hours per week over a four week period gaining "hands on" experience in various hospital departments. We have three different groups annually participating who are enthusiastic about their future in healthcare. Student scholarship applications are due by April first. We hope to present \$1,000.00 each to three winners again this year.

Sue Beyer, SHCH Auxiliary

## Michigan's Flag and Great Seal



Michigan's official flag was adopted in 1911. The flag has a deep blue background and pictures an elk and a moose around a blue shield labeled "**TUEBOR**" meaning "I will defend." The shield pictures a man with a raised hand and a gun, a rising sun, a peninsula and lakes representing Michigan's geography. Over the shield is a bald eagle holding an olive branch and a sheaf of three arrows and a red ribbon reading "E PLURIBUS UNUM," motto of U.S.A and means "One of Many, One" which refers to all of the states being united into one country. Under everything are the two white ribbons that read "SI QUAERIS PENINSULAM AMOENAM" and "CIRCUMSPICE," which means, "If you are seeking an amenable (pleasant) peninsula, look around you."

The Great Seal of the State of Michigan depicts the U. S. State's coat of arms on a light blue field. On the dark blue shield the sun rises over a lake and peninsula, a man holding a long gun with a raised hand represents peace and the ability to defend his rights. The elk and moose are symbols of Michigan, while the bald eagle represents the United States.



## WE SING OF MICHIGAN

### Michigan, My Michigan

This is a very popular anthem in the State of Michigan, but it is not an official state song. The only official anthem, a song called “My Michigan”, was formally adopted in 1937 but it is rarely sung because everyone thinks the official song is “Michigan, My Michigan.”

Winifred Lee Brent Lyster of Detroit wrote the original 1862 lyrics of “Michigan, My Michigan” to the tune of “O Tannenbaum, O Tannenbaum”, also called “O Christmas Tree” or “Maryland, My Maryland.” Major James Long of Grand Rapids wrote new lyrics in 1886 but kept the original tune and Civil War sentiment. In 1902, Douglas Malloch wrote the current lyrics for a convention of Michigan State Federation of Woman’s Clubs in Muskegon. He deemed them more suitable for a peacetime anthem. The 1902 lyrics are as follows:

### Michigan, My Michigan

A song to thee, fair State of mine,  
Michigan, My Michigan.  
But greater Song than this is thine,  
Michigan, My Michigan.  
The whisper of the forest tree,  
The thunder of the inland sea,  
Unite in one grand symphony  
Of Michigan, My Michigan.

I sing a State of all the best--  
Michigan, My Michigan.  
I sing a State with riches blessed—  
Michigan, My Michigan.  
Thy mines unmask a hidden store,  
But richer thy historic lore,  
More great the love thy builders bore,  
Oh, Michigan, My Michigan.

How fair the bosom of thy lakes,  
Michigan, My Michigan.  
What melody each river makes,  
Michigan, My Michigan.  
As to thy lakes, the rivers tend,  
Thy exiled children to thee send  
Devotion that shall never end.  
Oh, Michigan, My Michigan.

Rich in the wealth that makes a State  
Michigan, My Michigan.  
Great in the things that make men great,  
Michigan, My Michigan.  
Our loyal voices sound thy claim  
Upon the golden roll of fame,  
Our loyal hands shall write the name  
Of Michigan, My Michigan.

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### Irving Berlin also wrote of Michigan:

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### I Was Born in Michigan

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I was born in Michigan  
And I wish and wish again  
That I was back in the town where I was born.  
There’s a farm in Michigan  
And I’d like to fish again  
In the river that flows beside the fields of  
waving corn;  
A lonesome soul am I.  
Here’s the reason why:

I want to go back, I want to go back  
I want to go back to the farm  
Far away from harm with a milk pail on my arm.  
I miss the rooster, the one that useter  
Wake me up at 4 A.M.  
I think your great big city’s pretty, nevertheless  
I want to be there, I want to see there  
A certain someone full of charm.  
That’s why I wish again that I was in Michigan  
Down on the farm.

# ATTENTION

## WCD NEWSLETTER CHAIRMEN

## WCD AUXILIARY PRESIDENTS

The MAHA *Highlights* magazine has **CHANGED** the format for submitting articles from your hospital auxiliary. They no longer want it written in paragraph format but in “bullet” format please.....as per following sample.

When sending your hospital update for the September 2010 issue (and all future issues) please note the change. They request a limited article as they are trying to save cost by saving space. Please note **this only applies to the state newsletter and NOT our WCD newsletter.**

Send your news item via email to:

Jeanette Linck,  
MAHA Communications Director and Highlights Editor  
[jlinck@msn.com](mailto:jlinck@msn.com)

**DUE DATE IS JULY 1<sup>st</sup> for the September 2010 issue.**

Thank you very much. Your help will be appreciated.

From Shirley Harris, WCD President 2010-2011

**SAMPLE:**

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### OLD WAY

Our 52<sup>nd</sup> Charity Ball was a huge success, the decorations took your breath away. There was a combination of the whimsical, with a huge Santa climbing down from the ceiling in the center of the room to the elegant centerpieces on the tables. Only extremely talented people could pull this wonderful Ball-----great job----- Charity Ball Committee. Plans are now in the works for our Charity Auction.....We had a very successful linen sale in January our first even and our employees loved.....The gold buying sale was again successful and it was agreed that this sale would be repeated in November.

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### NEW WAY

- 52nd Charity Ball over \$39,000 was raised
- Plans are in the works for our Charity Auction
- We had a successful linen sale in January
- The gold buying sale was successful and it will be repeated in November

# The Last Page

## West Central District

Has your hospital hosted a WCD meeting in the last two years? We need host hospitals for future meetings. It is always interesting to visit other hospitals and auxiliaries to see how they operate. *Please* consider hosting a fall or spring meeting....it does not have to be "big" or elaborate. Call Gail Riley at 616-847-4063 for additional information. We really do appreciate your efforts!

Pass it on...

WCD Meetings are for everyone to attend. We welcome newcomers!

If you change your address PLEASE notify the WCD Membership Chair and the Newsletter Editor or one of our officers. Let us know also if your officers have changed. Thank you!

### IF YOU'VE NEVER DONE IT...

Plan now to attend the District and/or MAHA state Meetings. You will be inspired by the programs and uplifted by the dedicated auxiliaries and volunteers. You will meet new friends that you will have forever.

### Thank You!

To all who responded to requests for information.

This is your newsletter and your opportunity to share.

We all say, "Thank you!"

### Fall Newsletter Deadline August 1, 2010

(you can always send it before) 😊

Send information to:

Peg Christopher-Fell  
205 Katherine Court  
Ionia, MI 48846-2033  
(616) 527-2433  
pegchr@charter.net

### MAHA STATE BOARD 09-10

President: Mary Lou McFadden (SWD)  
President-Elect: Catherine Crimmins (UPD)  
VP Education: Betty Bierman (WCD)  
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ECD President: Jeanette Havel  
NCD President: Claudia Bryant  
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SWD President: Marilyn Ashdown  
UPD President: Chris Ainslie  
WCD President: Gail Riley

### Appointments:

Vendor Coordinator: Carolyn Serverson (UPD)  
Bylaws/Policy/Resource: Carolyn McDonald (UPD)  
Public Relations Director: Pam Sampsel (SWD)

MAHA Webmaster: JoEllen Blandford  
MAHA Liaison to MHA: Stacy Dowdy



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## WCD SPRING NEWSLETTER 2010-2011

### Dates To Remember

Please note: Our District meetings are always held the second Wednesday of September and May.  
So that you do not miss these enriching times, mark your calendar now!

### CALENDAR OF TENTATIVE DATES

June 8-10, 2010 MAHA Annual Meeting & Educational Institute	Grand Hotel Mackinac Island
July 1, 2010 Deadline for Highlights – September Issue	
September 8, 2010 WCD Fall Conference & Educational Meeting	Carson City Hospital Carson City
October 19 -21, 2010 MAHA Fall Conference	Soaring Eagle Conference Center Mt. Pleasant, MI
February 1, 2011 Deadline for Highlights – April Issue	
April 2011 National Volunteer Week	
May 11, 2011 WCD Fall Conference & Education Meeting	Spectrum Blodgett Campus E. Grand Rapids, MI
June 2011 MAHA Annual Meeting & Educational Institute	Grand Hotel Mackinac Island
September 14, 2011 WCD Fall Conference & Educational Meeting	Shelby Mercy Health Partners Shelby
October 18-20, 2011 MAHA Fall Conference	Soaring Eagle Conference Center Mt. Pleasant, MI
May 2012 WCD Spring Meeting & Installation	Holland Hospital Holland
September 13, 2012 WCD Fall Conference & Educational Meeting	Spectrum Butterworth Campus Grand Rapids, MI
September 2013 WCD Fall Conference & Educational Meeting	Memorial Medical Center of W. MI Ludington, MI